

# The Quarterly Cop

Spring 2019 Volume 3, Number 1

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# **Important Phone Numbers**

Non-emergency: 650-903-6344 Traffic hotline: 650-903-6146

Drug tip hotline: 650-961-5800

Noise complaint hotline: 650-903-

0/03

Records Department: 650-903-

6344

## **UPCOMING EVENTS**

March 10: Daylight Savings begins

March 30: #SheCan

April 27: Shred Your Stuff Event

#### Follow us on Social Media

www.Nextdoor.com/MountainViewPoliceDepartment

Exclusive access to chat directly with MVPD and your neighbors

www.Twitter.com/MountainViewPD Follow MVPD on Twitter for breaking news alerts and public safety messaging

www.Facebook.com/MountainViewPoliceDepartment

Follow MVPD on Facebook for behindthe-scenes posts on everything 'PD'

#### www.mvpd.gov

Take a look at our webpage, where you can find access to news releases, policies and more!

# **#SheCan – A Community Connected to Support Women**

We are thrilled to start off our first Quarterly Cop of 2019 with a very special announcement.

Join us March 30 as we, along with the Mountain View Fire Department, the City of Mountain View, the 129<sup>th</sup> Rescue Wing and Girls on the Run come together to celebrate, encourage and embolden young women to follow their dreams at #SheCan.

Held right here at MVPD (1000 Villa Street), the event will last from 10 a.m. to 1 p.m. and our goal is to bring together community members, regardless of age or gender, to lift up and inspire our next generation of girls and young women to aspire to be anything they want to be and to know that we, together, support them and have their back.

To see more about the event, and to register (it's free and family-friendly), visit: https://www.eventbrite.com/e/shecan-tickets-57445459917

### **Time to Spring Forward with Daylight Savings!**

It's almost time for it to get lighter earlier and darker later – that's right, it's almost time to spring forward!

Daylight Savings time is about to begin, so say goodbye to that extra hour of sleep. But as we adjust to springtime, let's make sure you check up on these safety tips too!

Start your spring by changing your clocks, and changing out your batteries. Smoke detectors and carbon monoxide detectors could use a little freshening up! It is always good practice to change your batteries twice a year.

If an emergency strikes, does your family have an emergency plan, a first aid kit, and a go bag? Make sure you have a well-stocked first aid kit both at home and in your car. The same goes for an emergency kit or what we fondly call a 'go bag.' An emergency kit should include: a gallon of water a day for each person, at least a three-day supply of food that won't go bad, flashlights, batteries, a filter mask, plastic sheeting, duct tape and any necessary medications you or your loved one may need.

Your emergency plan should also include: an outline of how family members can contact one another and where to meet if it's safe to

go outside and you happen to get separated; a shelter-in-place plan if the air outside is contaminated outside (like sealing your windows, doors and air vents with plastic sheeting); and a good route to take to get out of your home, should you need to evacuate.

Another great reminder for folks is to get rid of unwanted papers and medications. And we have just the event for you!

On April 27, we will be hosting a "Shred Your Stuff" event from 10 a.m. to 2 p.m. right here at 1000 Villa Street. You can bring two bags or boxes full of papers you need shredding, and you can also bring any expired or unused medications to drop off. We'll safely dispose of the medications and ensure your paper is shredded! That same day, feel free to stop by as we will also be hosting neighbors for our first Coffee with a Cop of the year!

# Park Safe. Park Smart. Prevent Car Burglaries

As we continue to hear and see discussions regarding car burglaries, we wanted to share a few reminders about ways we encourage our residents to keep their valuables – and their vehicles – safe when they are out and about, either here in Mountain View or elsewhere.

First and foremost, never leave items of value in your car. Thieves look for anything that they can see through your windows: cell phones, iPods, iPads and other tablets, laptops, purses, gym bags, diaper bags, and more.

If they can see it, they can steal it.

When you park, take a few extra minutes to ensure you have all valuable items with you. Never leave anything that you wouldn't want stolen inside your car. It is far more inconvenient to file a police report for stolen property than it is to take your bags, phones and wallets with you, even if you're gone for a few minutes.

And, always lock your doors and take your keys with you.

The same goes for when you're at home. Don't leave any valuables inside your vehicle (bags, phones, wallets, etc.). We all know better and really, there's nothing worse than having your valuables taken by someone else. Cars are not safe spaces for you to leave valuables – the only place where that is the case is your home!

When you head in for the night, park your car in your garage, lock your doors into your garage and make sure all windows on your vehicle are rolled up. If you do not have a garage, roll up your windows, lock your doors and double-check the locks before you head inside.

We'll also be launching a flyer campaign in the coming weeks both in-person and online to help folks remember how to park safe, park smart and prevent car burglaries. More to follow.